



Healthy Eating Buffet

Only £6 per person

Minimum order of 10 persons (week days) and 20 persons (evenings & weekends). Free local delivery available.

All of our products are freshly made. Price includes a selection of 6 items from our Healthy Eating Buffet menu below.
Gluten free and diabetic platters can also be provided.

Name				Telephone					
Email Address									
Delivery Address									
Delivery Date				Delivery Time					
Total Number of People			Platters to be collected from						
Gluten Free	<input type="checkbox"/>	Dairy Free	<input type="checkbox"/>	Vegetarian	<input type="checkbox"/>	Nut Free	<input type="checkbox"/>	Diabetic	<input type="checkbox"/>

Healthy Eating Buffet Menu

Chicken & Leek Parcels with		Goats Cheese & Olives		Chicken Salad	
Homemade Chickpea Bites (V)		Homemade Bread Roll & Vegetable Pate		Vegetable Sticks with Dips	
Homemade Butternut Squash & Lentil Bite (V)		Quinoa, Mint, Parsley, Tomato & Cucumber		Fruit Platter	
Sundried Tomato & Basil Muffins		Tomato & Onion		Fruit & Nut with Apple	
Ham & Wholegrain Mustard Muffins		Tuna & Rice		Fruity Flapjack	
Beetroot Tartlet (V)		Vegetable Dip with Carrot, Celery, Pepper & Tomatoes		Natural Yogurt Fruit Fool	
Wholemeal Muffins with		Beetroot, Red Onion & Carrot		Chewy Fruit Bars	
Goats Cheese & Sundried Tomato Pizza (V)		Green Salad		Soya Scones	

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All prices shown are subject to VAT and prices may vary depending on your specification. Please note our products may contain nuts, fish eggs, milk, wheat, soya and may not be suitable for those suffering with allergic reactions.